

DTI FULL-SPECTRUM REQUIRED READING LIST

Reproductive Justice

--choose one or more of the following--

Reproductive Justice: An Introduction
Loretta Ross and Rickie Solinger

Birthing Justice: Black Women, Pregnancy
and Childbirth
Julia Oparah and Alicia Bonaparte

Killing the Black Body: Race, Reproduction,
and the Meaning of Liberty
Dorothy Roberts

Reproductive Health

--choose one or more of the following--

Taking Charge of Your Fertility
Toni Weschler

The Fifth Vital Sign: Master Your Cycles
and Optimize Your Fertility
Lisa Hendrickson-Jack

Heavy Flow
Amanda Laird

--AND choose one of the following--

Everything Below the Waist: Why
Healthcare Needs a Feminist Revolution
Jennifer Block

Pushed
Jennifer Block

Birth Education

--choose one or more of the following--

Your Birth Plan: A Guide to Navigating All
of Your Choices in Childbirth
Megan Davidson

The Birth Partner *5th edition
Penny Simkin

Nurture: The Online Birth Course*
Erica Chidi Cohen

*available in your member resources

--AND read all of the following--

Trauma Stewardship: An Everyday Guide
to Caring for Self While Caring for Others
Laura Van Dernoot Lipsky

Untold Stories: Life, Love and Reproduction
Kate Cockrill

Where's the Mother? Stories From a
Transgender Dad
Trevor MacDonald

The First Forty Days: The Essential Art of
Nourishing the New Mother
Heng Ou

Breastfeeding Made Simple: Seven Natural
Laws for Nursing Mothers
*Nancy Mohrbacher and Kathleen Kendall-Tackett,
PhD IBCLC*

Business

--choose one of the following--

You are a Badass at Making Money:
Master the Mindset of Wealth
Jen Sincero

Playing Big: Practical Wisdom for
Women Who Want to Speak Up, Create
and Lead
Tara Mohr

Daring Greatly: How the Courage to Be
Vulnerable Transforms the Way We Live,
Love, Parent and Lead
Brené Brown