

DTI POSTPARTUM READING LIST

Reproductive Rights

--choose one or more of the following--

Reproductive Justice: An Introduction
Loretta Ross and Rickie Solinger

Birthing Justice: Black Women, Pregnancy
and Childbirth
Julia Oparah and Alicia Bonaparte

Killing the Black Body: Race, Reproduction,
and the Meaning of Liberty
Dorothy Roberts

--All DTI certifications also require
the following--

Trauma Stewardship: An Everyday
Guide to Caring for Self While Caring for
Others
Laura Van Dernoot Lipsky

Cut Staped and Mended
Roanna Rosewood

Where's the Mother? Stories From a
Transgender Dad
Trevor MacDonald

Body Politics

--choose one--

Everything Below the Waist: Why
Healthcare Needs a Feminist Revolution
Jennifer Block

Pushed
Jennifer Block

Business

--choose one of the following--

You are a Badass at Making Money:
Master the Mindset of Wealth
Jen Sincero

Playing Big: Practical Wisdom
for Women Who Want to Speak Up,
Create and Lead
Tara Mohr

Postpartum

--read both--

The First Forty Days: The Essential Art of
Nourishing the New Mother
Heng Ou

Breastfeeding Made Simple: Seven
Natural Laws for Nursing Mothers
*Nancy Mohrbacher and Kathleen Kendall
Tackett, PhD IBCLC*

Daring Greatly: How the Courage to Be
Vulnerable Transforms the Way We
Live, Love, Parent and Lead
Brené Brown